



## Stop Fueling Darkness! : Mindful Media choices for a Happier You

### Description

#### CATEGORY

1. Children's Empowerment
2. Parenting Advice
3. Tips and Tricks for Students

#### POST TAG

1. #ConsciousContent
2. #DigitalDetoxTips
3. #EmotionalWellbeing
4. #EmpoweredTeens
5. #EntertainmentEffects
6. #HealthyWorldview
7. #MEDA
8. #MedaFoundation
9. #MediaLiteracy
10. #ParentingTips
11. #PositiveMindset
12. #ProtectYoungMinds
13. #ResilientYouth
14. #ScreenTimeAwareness
15. #selfparenting
16. #SmartMediaChoices
17. #SubconsciousInfluence

18. #SubliminalMessages
19. #TeenGuidance
20. #ValuesInMedia
21. #YouthMentalHealth

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### Author

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*MEDA Foundation*