



Nutritious, Light yet Filling and great for MealSoups : Easy, Comforting, Prep!

## Description

### CATEGORY

1. Healthy Cooking
2. Senior Empowerment
3. Tips and Tricks for Students

### POST TAG

1. #BalancedDiet
2. #BatchPrep
3. #BulkCooking
4. #EasyCooking
5. #EasyRecipes
6. #Eatmoreveggies
7. #EatTheRainbow
8. #HealthyComfortFood
9. #LowWaste
10. #MealPrep
11. #Mealprepeideas
12. #MEDA
13. #MedaFoundation
14. #SoupsForEverySeason

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**Author**

shubha