



## Face, Smoothen Your Emotions: The Link Between Smoothen Your Facial Expressions and Emotional Reactions

### Description

### CATEGORY

1. career tips
2. Friends, Families & Community
3. Life Advises
4. Self Development
5. Skills Development and Vocational Training
6. Tacit Knowledge
7. Work from Home

### POST TAG

1. #BodyLanguage
2. #Calm
3. #ConfidenceBuilding
4. #EffectiveCommunication
5. #EmotionalIntelligence
6. #EmotionalWellbeing
7. #Empowerment
8. #FakeltTillYouMakeIt
9. #InnerPeace
10. #MEDA
11. #MedaFoundation
12. #MentalHealth

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- 13. #MindfulCommunication
  - 14. #Mindfulness
  - 15. #PersonalGrowth
  - 16. #PositiveInteractions
  - 17. #SelfAwareness
  - 18. #SelfImprovement
  - 19. #Serene
  - 20. #SocialAwareness
  - 21. #SocialSkills

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MEDA Foundation